



CHICAGO BOTANIC GARDEN



The Regenstein  
Fruit & Vegetable Garden  
offers an abundance of  
ideas for gardening with  
edible plants.

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## FRUIT & VEGETABLE GARDEN

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Come and feast your eyes on the Midwest's largest center for growing edible plants. The Regenstein Fruit & Vegetable Garden, established in 1985 and rededicated in 1997, was made possible by the generous support of the Regenstein Foundation.

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### Incredible Edibles

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The nearly four-acre Fruit & Vegetable Garden is filled with more than 400 different varieties of edible plants that grow well in the Upper Midwest.

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### Design Features

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In addition to beds of fruits, vegetables, herbs and flowers, this garden features unusual and attractive methods of growing edible plants. Look for compact espalier fruit trees trained to grow against fences, a vertical wall filled with changing displays of greens and edible flowers, and a shaded walkway covered with grape vines.

The garden has decorative features not often associated with fruit or vegetable gardens—restful fountains, shady arbors, colorful containers and borders, grassy resting places and more.

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### Inspiring Information

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Throughout the garden, you will find helpful displays and informative signs designed to inspire the gardener in you. During the growing season, volunteers at discovery carts can show you how to choose and sharpen tools, grow and use herbs, attract pollinators to your garden and more.

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### The Wheelbarrow

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The Fruit & Vegetable Garden's shop features an all-new look, with fruit- and vegetable-inspired kitchenware, a fun selection of toys for young chefs, and books on gardening and cooking.

May 10 – October 8

Noon – 6 p.m.

*(Weather permitting)*

## ACTIVITIES & MORE FOR 2005

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The Fruit & Vegetable Garden offers a full menu of activities, resources and programs during the growing season.

### Discovery Programs

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During spring, summer and fall, knowledgeable volunteers offer gardening tips, invite you to discover through hands-on displays, and share information about the garden.

May 11 – October 9  
Wednesday – Sunday  
11 a.m. – 4 p.m.  
(Weather permitting)

### Great Chef Series

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Renowned chefs from the Chicago area give free cooking demonstrations—highlighting the use of seasonal vegetables, fruits and herbs—in the Garden's open-air kitchen and amphitheater.

May 28 – October 9  
Saturday and Sunday  
1:30 and 2:30 p.m.

### Pepper Weekend

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This popular event celebrates the amazing variety and versatility of peppers. Enjoy exhibits, activities and chef demonstrations.

August 13 and 14  
Saturday and Sunday  
11 a.m. – 4 p.m.

### Classes & Workshops

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Expand your knowledge with classes from the School of the Chicago Botanic Garden. Classes cover a wide range of topics related to fruit, vegetable and herb gardening, from plant propagation to plant-based crafts.

For a schedule call (847) 835-8261 or log on to [www.chicagobotanic.org/continuinged](http://www.chicagobotanic.org/continuinged).

### The Wheelbarrow

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The Fruit & Vegetable Garden's shop carries books on gardening and cooking, kitchen supplies, gifts and garden tools.

May 11 – October 9  
10 a.m. – 4 p.m.  
(Weather permitting)

## TO LEARN MORE

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Bown, Deni. *New Encyclopedia of Herbs and Their Uses*. New York: Dorling Kindersley Publishing, 2001.

Coney, Norma J. *The Kitchen Garden: Fresh Ideas for Luscious Vegetables, Herbs, Flowers, and Fruit*. New York: Friedman/Fairfax Publishers, 2000.

Fedor, John. *Organic Gardening for the 21st Century*. Pleasantville, N.Y.: Reader's Digest, 2001.

Fizzell, James A. *The Midwest Fruit and Vegetable Book*. Illinois ed. Franklin, Tenn.: Cool Springs Press, 2001.

Whealy, Kent, ed. *Fruit, Berry and Nut Inventory, Third Edition*. Decorah, Iowa: Seed Savers Exchange, 2001..



CHICAGO BOTANIC GARDEN

1000 lake cook road glencoe, illinois 60022

[www.chicagobotanic.org](http://www.chicagobotanic.org) (847) 835-5440

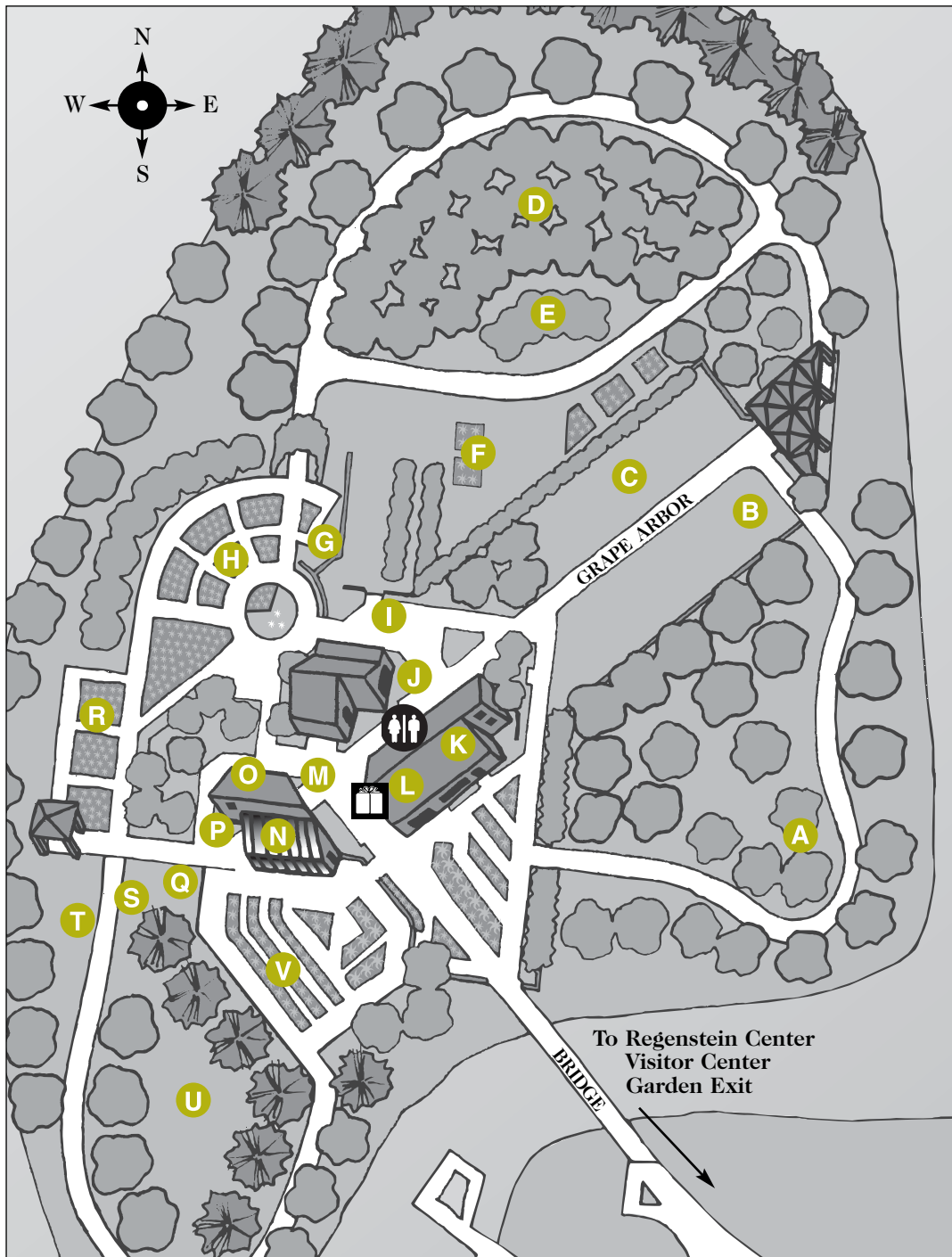
*The Chicago Botanic Garden is owned by the Forest Preserve District of Cook County.*

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## FRUIT & VEGETABLE GARDEN HIGHLIGHTS

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- A Apple Orchard**  
New in 2005, these dramatic rows of orchard-pruned apple trees look stunning when viewed from the Esplanade.
- B Bramble Fruits**  
See the best raspberries and blackberries for the Upper Midwest.
- C Trained Fruits (Espalier)**  
These fruit trees are pruned and trained to become living garden sculpture.
- D Apple Orchard**  
See twelve of the best apple varieties for the Midwest growing here.
- E Small Fruits**  
In this bed, ground-hugging strawberries mingle with hedges of blueberries and currants.
- F Raised Beds**  
Discover how to overcome poor soil and inadequate drainage by raising your garden to a new level.
- G Grains Galore**  
See how these staple food crops look in a home-scale garden bed.
- H Backyard Bounty**  
These beds are filled with herbs and vegetables you can grow at home.
- I Weeds**  
Pest plants are the topic for this exhibit, which shows living examples of weeds you may find at home.
- J Compost Happens**  
This wall exhibit teaches how to turn backyard debris into valuable compost.
- K Learning Center**  
Learn more about gardening in this sun-filled classroom, through year-round classes offered by the Joseph Regenstein, Jr. School of the Chicago Botanic Garden.
- L The Wheelbarrow**  
This gift shop offers books, garden tools, kitchen supplies and items to interest children.
- M Beeline**  
A live hive and exhibit shows why bees are important to this garden—and to your home garden, too.
- N The Classroom**  
Learn to extend your growing season by starting seeds indoors and growing windowsill herbs.
- O Cook's Corner**  
The popular Great Chef Series of cooking demonstrations takes place here.
- P Kitchen Garden**  
Favorite culinary herbs fill this bed with fragrance and flavor.
- Q Tooling Up**  
This exhibit matches task to tool.
- R Culinary Beds**  
Vegetables and herbs used in Indian, Polish and French cuisines are featured this year.
- S Pumpkins and Melons**
- T** In the warm season, many beautiful and unusual varieties of these garden favorites spread their vines here. Watch as we try to grow giant pumpkins this year.
- U Nut Grove**  
See hardy nut trees such as walnut and pecan for Northern gardens.
- V Small Space Beds**  
Find innovative techniques for growing vegetables in limited space.



**Please do not pick our fruits or vegetables.**

*The food we grow is donated to the Greater Chicago Food Depository, a not-for-profit distribution center working to feed hungry people in Cook County. In 2005, more than 2,500 pounds of fruit and vegetables were donated.*