

GARDENING *for* LIFE ENRICHMENT

ACTIVITIES TO CULTIVATE
HEALTH & WELL-BEING



CHICAGO BOTANIC GARDEN



Enrich your program with activities from the Chicago Botanic Garden

The Chicago Botanic Garden is pleased to offer a therapeutically grounded series of engaging plant and natural craft activities. Gardening for Life Enrichment features the most popular of all the activities developed and tested by the Garden over the last two decades. The Garden draws on an extensive experience of working with populations with special needs in a variety of settings.

Let the Garden bring you the best activities for the people you serve.

Activities with appeal

Activities presented by the Chicago Botanic Garden will accomplish the following:

- Support the goals of your service mission
- Provide an easy way to offer excellent program enrichment
- Adapt to participants' abilities and interests
- Stimulate sensory pathways, motor skills, creativity, cognition and socialization
- Produce valued creations that boost self-esteem
- Appeal to a wide range of individuals from different backgrounds
- Meet Illinois state requirements for recreational activities

Seasonal enrichment

The Garden provides all materials needed for each participant to create these items:

- Fresh flower arrangement
- Pressed flower bookmarks
- Desert dish garden
- Spring baskets
- Holiday greens bowl

During the summer months you have the option to conduct these sessions at the Chicago Botanic Garden in the award-winning Buehler Enabling Garden.

A great value

This yearlong series includes monthly programs for up to 15 participants. A Chicago Botanic Garden representative leads each one-hour session.

A full year of monthly activities is brought to you at a cost of only \$2,400.

Cultivate improved health and well-being through the power of plants.





FOR MORE INFORMATION,
PRICES OR QUESTIONS:

Call (847) 835-8250 or
visit www.chicagobotanic.org/therapy

*The Chicago Botanic Garden's
Horticultural Therapy Services are generously
supported by the Buehler Family Foundation
and Grant Healthcare Foundation.*

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Edmond and Alice Opler Foundation
and the Retirement Research Foundation.*

*The Chicago Botanic Garden is owned by
the Forest Preserve District of Cook County.*

OUR CLIENTS TELL US:

“The families love to visit after you have been here. They look forward to seeing what their loved one has made with you. In fact, they compete for the opportunity to take it home.”

Forest Villa Nursing Center Staff

“Who is responsible for bringing you to us? I want to thank them for this wonderful new program.”

Resident of Mather Place at the Georgian



CHICAGO BOTANIC GARDEN

1000 lake cook road glencoe, illinois 60022

www.chicagobotanic.org (847) 835-5440



Gardening for Life Enrichment Application

Mail to:

Chicago Botanic Garden
Horticultural Therapy Services
1000 Lake Cook Road
Glencoe, IL 60022

Or fax to (847) 835-1635

Date:

Name of Agency:

Address:

Phone:

Fax:

Contact Person:

Phone:

Please describe the audience(s) served by
your agency:

What are your goals for the program, i.e.,
socialization, recreation, etc.?

If in Cook county, please indicate district
number and county commissioner's name:

*Upon receipt of the application, we will
contact you for an interview and/or site visit.*

Call (847) 835-8250 with questions.