

Supporting our communities

“They are the invisible wounds of war, the battered minds and bruised spirits we have come to recognize as post-traumatic stress disorder, or PTSD. By one estimate, more than 300,000 of the nearly two million U.S. servicemen and women deployed since 9/11 suffer from the often-debilitating condition, with symptoms that include flashbacks and nightmares, emotional numbness, relationship problems, trouble sleeping, sudden anger and drug and alcohol abuse.” *Veterans Today*, 2010



Who Should Attend?

Healthcare garden design has emerged as an area of specialization that benefits a wide variety of professionals. The Chicago Botanic Garden's Healthcare Garden Design Certificate Program is suitable for these professionals:

Architects and Landscape Architects
Garden Designers and Consultants
Healthcare Professionals
Program and Facility Managers
Social Workers and Educators

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CHICAGO BOTANIC GARDEN
1000 lake cook road glencoe, illinois 60022

www.chicagobotanic.org

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Healthcare Garden Design

Seminar Program
July 20 – 22, 2012

Healing Through Nature:
Healthcare Gardens for
Veterans and Children with
Sensory Processing and
Spectrum Disorders



CHICAGO BOTANIC GARDEN
JOSEPH REGENSTEIN, JR. SCHOOL



Returning veterans and children with sensory processing and spectrum disorders are two growing segments of the population, which share a common root in disrupted neurological processing impacting all areas of life.

Post-Traumatic Stress Disorder (PTSD) is increasingly a public health crisis. The number of cases is expected to grow, ultimately exceeding 500,000 in the United States, according to a study by researchers at Stanford University.

Autism Spectrum Disorders are estimated to affect one in every 110 children by the Centers for Disease Control. The unique challenges facing both of these special populations, their families, and their communities necessitates discussion on how to best serve and create garden environments of care where education, treatment, and recreation take place.

This three-day seminar offers a broad approach for discussion on how healing gardens and therapeutic spaces can be instrumental in recovery, treatment, and stress reduction for special populations. The program will draw on the expertise of medical professionals, researchers, and practitioners to discuss the complexities of diagnosis and treatment. These sessions will be combined with case studies led by landscape architects currently working to implement healing spaces. There will also be discussions about design features and guidelines for therapeutic gardens that serve these special populations.

Industry-Leading Instructors

The Joseph Regenstein, Jr. School of the Chicago Botanic Garden has brought together experts in the field of healthcare garden design and research.

Julia H. Berry, M.A. Ed., head of school, St. Columba's Nursery School, Washington, D.C.

Jack Carman, FASLA, RLA, CAPS, president, Design for Generations, LLC, Medford, New Jersey; Geriatric Research Group, Veterans Affairs Medical Center, Salem, Virginia

Jonna G. Detweiler, M.Ed., Geriatric Research Group, Veterans Affairs Medical Center, Salem, Virginia

Mark B. Detweiler M.D., M.S., Psychiatry Service and Geriatric Research Group, Veterans Affairs Medical Center, Salem, Virginia; Virginia Tech-Carilion School of Medicine Department of Psychiatry and Behavioral Medicine, Roanoke, Virginia

Gwenn Fried, horticultural therapist, NYU Langone Medical Center

Alee Karpf, M.S., CTRS, HTR, recreation therapist, The VA Honor Center, Gainesville, Florida

P. Annie Kirk, B.S.W., MLA, ASLA, ANLD, Associate APLD, owner, Red Bird Design LLC, Portland, Oregon

Carol A. Krawczyk, ASLA, PLA, MLA, principal, Research-Based Design and doctoral student, environmental psychology, The Graduate Center of the City University, New York, New York

Barbara Kreski, M.H.S., OTR/L, director, horticultural therapy services, Chicago Botanic Garden

Sandra S. Lane, M.S., horticulturalist and vocational rehabilitation specialist, Veterans Affairs Medical Center, Salem, Virginia

Kay Montgomery, M.S.W., clinical admissions coordinator, Specialized Inpatient PTSD Unit, Veterans Affairs Medical Center, Salem, Virginia

Michelle J. Parkins, MLA, ALSA, biologist and Navy veteran

Sarah A. Schoen, Ph.D., OTR, clinical services advisor, STAR Center and associate director of applied research, SPD Foundation

Tara M. Vincenta, RLA, ASLA, owner, and principal, Artemis Landscape Architects, Inc.



Healthcare Garden Design Seminar Program Healing Through Nature: Healthcare Gardens for Veterans and Children with Sensory Processing, and Spectrum Disorders

July 20 – 22, 2012

Registration fee for the three-day seminar program includes course fee, learning materials, light refreshments, and select meals. Cancellations received in writing by 5 p.m. on Monday, July 16, will be refunded less a processing fee.

Early-bird fee postmarked by June 18: \$399

Fee after June 18: \$479

How to Register

Phone: (847) 835-8261

Online: www.chicagobotanic.org/school/certificate/hgd_seminar.php

Mail: Registrar, Chicago Botanic Garden
1000 Lake Cook Road
Glencoe, IL 60022

Program Location

Chicago Botanic Garden, Glencoe, IL

Visit www.chicagobotanic.org/school/certificate/hgd_seminar.php for more information.

